



## Chairman's Message

Happy Fall Y'all.... It is almost time to start thinking about cooler weather, falling leaves and nice evenings to enjoy. This year, it seems the heat has been exceptionally tough. I hope everyone survived it without too much problem.

It was great to see everyone in Dallas at IC Convention. A big THANK YOU for your continued support and membership in the ESA Foundation!!! In this newsletter, I hope you will find some interesting and exciting things to read, so sit back, put your feet up and read along with us.

One of the things we are always excited to share with you is the new scholarship recipients. Students occasionally change how they go to school but one thing that doesn't change - it costs money to get an education. We appreciate your continued support and commitment allowing us all to make a difference. The past few years' educational opportunities and pathways have been very different, but students still need help with funding for their education. Thanks to our donors, we can still continue to meet the needs for so many.

This summer, we were able to welcome past Directors Kimberley Mandrell and Kathy Loyd back to the board. Additionally, Kim will be starting her second term and Kathy will start a new term after taking a year off. Read more about the upcoming election in this issue. I sincerely thank you for your commitment and personal time to continue the work and missions of the Foundation.

At the Annual Membership meeting in Grapevine, we presented Foundation awards, recognized our chapters, members, and states as well as recognized all our new Life Active Members for the year. We also were pleased to have presentations from scholarship and grant awardees again this year. The stories make us really remember why we do what we do.

We are all looking forward to another exciting year with the ESA Foundation and hope you are too. We always look forward to hearing from our members – reach out anytime.

Ann Southall

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## Director Nominations

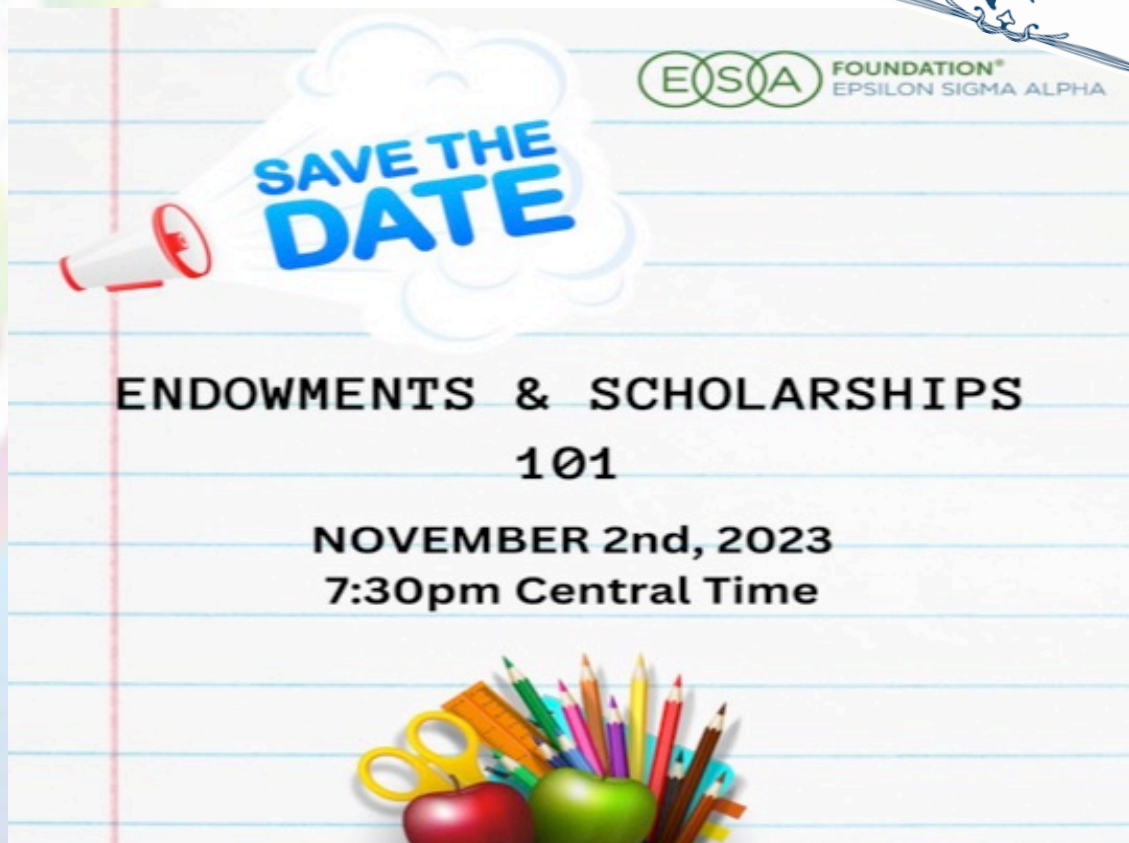
It may seem like we just had an election of Directors, and we did! We will be having a second election of officers in 2023 to align with our new calendar-based fiscal year.

The election will be held in December to fill three Director positions for the 2024-2026 term. The Board is looking for enthusiastic and dedicated ESA Foundation members who are interested in helping the Foundation remain strong and viable into the future. Nomination forms are due to the Vice Chairman by **October 1<sup>st</sup>**.

The nomination form and official call for nominations are available at <https://epsilonsigmaalpha.org/about/ESAFoundation> (see the link to the nomination form in the Stay Up To Date section.)

If you are considering running for the Foundation Board and have additional questions, please feel free to contact me or one of the other Directors.

Kim Mandrell  
ESA Foundation Vice Chairman  
2215 Rebecca Lynn Ct  
Chesterfield, MO 63017  
[kimberley.mandrell@mnk.com](mailto:kimberley.mandrell@mnk.com)  
314-402-0654



## Foundation Membership

The Board would like to say Thank You to all our members. Your annual membership dues ensure that the Foundation operations continue so we can continue to award scholarships and grants to those worthy individuals who need them. Your support literally changes the lives of those wanting to develop or improve their careers through education.

As a reminder, we are now on a calendar year cycle for our dues, so dues are owed in 2023 for voting in 2024. This should make it easier for everyone to remember.

To pay dues online, log into the member center: [ESA/Member-Center](#) and go to My Account.

You can check your ESA and ESA Foundation membership status by clicking on the Membership tab (or check with your state's Foundation Counselor who can also check the status of members in their state.)

Click on the ESAF + Other Mbrsps tab and look for the Blue icons for paying ESA Foundation membership dues. If you are interested in making a donation to the Foundation, the Donate to ESAF tab will take you to the online donation form.

If you prefer to pay by check or complete a paper copy, the contribution form can be printed from the Contribute page on the ESAF website: [ESAF/Contribution](#)

Please be sure to use an updated contribution form, as it was updated last April with the current dues amount and the new ESA Foundation Headquarters address.

In addition to annual membership, the Life Active Membership program is available for those who want to further support the Foundation or those who are tired trying to remember to pay annual dues. Individuals, chapters, councils, or organizations interested in becoming Life Active Members make a one-time \$500 donation or two \$250 donations to become Life Active members. The contributions for Life Active Memberships are placed in a fund where the members' annual dues are paid each year as well as earnings from the fund are used to provide funds for the Grant program.



## Foundation Membership, cont.

Since, members of the Foundation do not need to be ESA members, in addition to talking to our ESA chapter members who may not yet be Foundation members, we have an opportunity to grow the Foundation by talking to our family, friends, co-workers, and acquaintances and encouraging their support.

Please continue to share the success stories that come from the Foundation's scholarships and grants with those around you and inspire them to become new members. I'm looking forward to sharing the successes of those who have benefited from the Foundation's financial support with all of our new members.

Kim Mandrell

## Scholarships

The scholarship application period has opened!!!! Please assist the Foundation in getting the word out to all students. The application deadline is February 1, 2024. I know that seems like a long time. But it will be here sooner than you think. So, get started today. My goal is to give ALL our scholarships to students striving to make our world a better place.

Kathy Loyd

## Planned Giving Update

This year, the ESA Foundation Planned Giving Brochure underwent major updating. The brochure includes information on a variety of ways that Foundation members and friends of the Foundation can start on their ESAF legacy. Although many of these opportunities are designed for estate planning, there are other opportunities that one can take advantage of prior to end of life. Through the new Legacy IRA Act, if you are 70 ½ or older, you are entitled to donate up to \$50,000 tax free to a 501(c)3 charitable organization, such as the ESA Foundation. In addition, if you are 72 or older, and required to take your Required Minimum Distribution from an IRA, you can gift all or part of this distribution tax free to the Foundation. Brief explanations are included in the new brochure but details should be obtained through your personal IRA administrator.

The Planned Giving section of the ESAF Contribution page on the ESAF website (<https://epsilonsigmaalpha.org/contribute>) has also been revised and updated to offer a downloadable PDF version of the new brochure and also provide a document with details of a variety of ways for including the Foundation in one's estate plans that is more clearly defined. We hope you will take advantage of these easily accessible documents to share with your chapter and state members.

Terrie Rust

## ESA Foundation Making a Difference

The ESA Foundation is making a difference and continues to be committed and dedicated to the promotion of continuing education through its scholarships and grants. Many students would not be able to pursue their educations without the help of organizations like the Foundation. Others would not be able to enhance their careers without the grants.

I want to share an excerpt from a letter I received from grant recipient Whitney Bryant recently. She says “Thanks, to the generous Vocational Grant awarded by the ESA Foundation, I was able to complete the Intimacy Directors & Coordinator (IDC) Level 3 Intimacy Coordinator Training Program, which leads to certification for those who wish to work professionally as intimacy coordinators in film and television.



The Level 3 training consisted of weekly classes via Zoom and three in-person weekends in New York City. In addition to learning more about on-set safety, consent and boundaries, preparation and collaboration, contracts, union rules, communicating with actors and production members, and more, our cohort was able to explore and practice choreography, problem solving, and masking over three weekends in Brooklyn and Lower East Side studios. After more than 15 weeks of instruction, study, practice, and assessment in IDC’s Level 3 Intimacy Coordinator Training Program, I am now a certification-pending Intimacy Coordinator. I can now begin working as an Intimacy Coordinator for film and television as I enter the mentoring stage of my training.

In addition to the incredible and essential knowledge and experience gained throughout these past few months, the opportunity and essential knowledge and experience gained throughout these past few months, the opportunity to create invaluable connections and memories with the fellow members of my training cohort and our instructors was invaluable. Thank you, ESA Foundation, for helping make this possible.”

The Grant Program always needs supporters to help build the program so we can continue to make a difference in the lives of others. This can be a monthly or annual donation directed to the grant program. It can be a State, Council, District or Chapter project. We can all help build this program to be the best it can be and with respect to our Motto: Serving the World Community... Because We Care.

If you have any questions about our Grant Program or want to know how you can make a difference, please don’t hesitate to contact me at [rosalie.griffith2@aol.com](mailto:rosalie.griffith2@aol.com) or any other ESAF board member.



**Bonnie Hammond**  
**Scholarship Winner 2023**

“My whole life has been a synthesis of seeking mentors and guidance from others with experience so I can grow myself into a better person. This journey continues as I am an adult learner, creating a path that the next generation can follow. My daughters are watching me with keen eyes, and I know the great responsibility I have in leading them onward towards finding and being the goodness this world desperately needs.”

“This being said, ESA is a firm foundation for which I have grown through. I have been a member involved with ESA for the past twenty-two years. I began with ESA at a Country Cares Radiothon when I was eighteen years old. I have grown up with examples of care and generosity from the ESA ladies, especially my Alpha Omega Chapter in Knoxville Tennessee. ESA for me is my support system. These relationships developed are my rocks. When I do not know where to turn or what steps to take next, I know I can turn to any one of them for guidance or support. Now, as a single mother, without a family support system, this means the world to me. Equally, as much as these women support me, I attempt to do my part to offer guidance and support to them and our community.”

“It is my goal and mission to give back all the love, support, and wisdom that I have been blessed with. This is one of the many reasons why I am on track to develop counseling skills with a Clinical Mental Health Counseling master’s degree at Capella University. I am so grateful to be this far along on the journey and finally can see the light at the end of the tunnel. Through counseling, with reflective and active listening skills, I plan to help ease the pains and discomforts of others, to instill hope, and demonstrate unconditional positive regard to clients seeking help with their mental, physical, emotional, spiritual, and energetic health.”

“I realize the responsibility I hold for demonstrating an authentic approach to life. On and off the Yoga mat, or outside of healing sessions or ESA meetings, those around me are always watching. As our ESA commitments establish, I strive to be ever mindful of how I present myself with virtue, honor, truthfulness, friendliness, and loveliness. My personal life is integrated with my professional life. What I do outside of healing sessions is a lifestyle of healthy living. My students and clients are not only looking for guidance in physical, mental, emotional, spiritual, and energetic health, they are looking for an example of a healthy lifestyle. I want to spend my professional and free time helping to benefit those less fortunate than myself for their greater good.”



## **Maggie Demers** **Scholarship Winner 2023**

She was eight years old, and her mom asked the age-old question, “What do you want to be when you grow up?” She sat there, thinking. Her first response was, “I want to be a veterinarian!” At the time, she did not know what that truly entailed. The reason at the time was just the fact that she loves animals. Now, almost ten years later, she still has the same answer to that question.

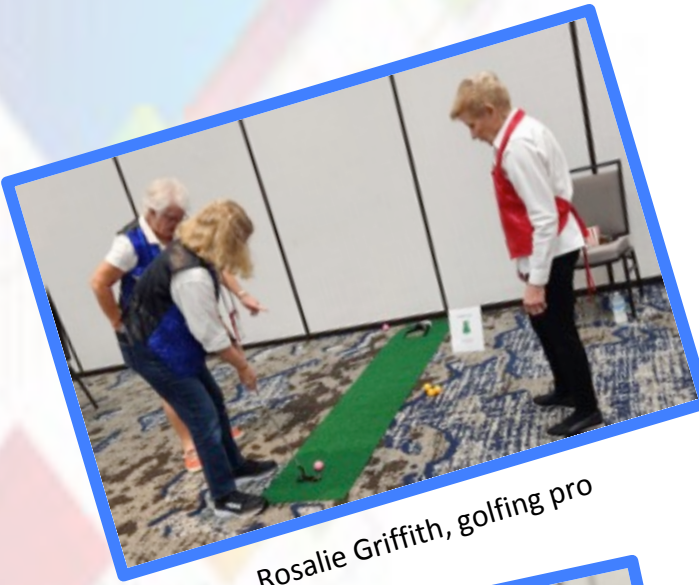
Though, her reasoning for the answer has changed. Now, she wants to pursue this career path because she wants to help the local ranchers to produce a better food crop, promote American products, and help all the ranchers and pet owners to make sure their animals are safe, healthy, and happy. After achieving her goal of becoming a veterinarian, she plans on coming back to her hometown and working at the local Animal Clinic as a mixed animal veterinarian.

As stated before, she has had her mind set on this career path since a young age. And because of that, she has put many years of focus into learning as much as she can by helping her father on the family ranch, raising livestock to show, participating in many FFA veterinary and meat evaluation competitions, and getting herself into a multitude of opportunities. This past summer she attended two veterinarian camps at major universities. She was able to go to Texas A&M along with Purdue University veterinary science summer camps to learn about large and small animals, respectively.

Additionally, this past July, she attended a Leadership Conference in Washington D.C. for FFA. There, she learned how to advocate for herself and others, how to put herself in someone’s position, and how to physically lead rather than verbally. The leadership skills she has gained through FFA partnered with all the speaking opportunities she has had in high school and college will help her engage with the community as she gives back through her profession and service to others.



## Highlights from 2023 Fund Fest



Rosalie Griffith, golfing pro



Pat Howerton, corn hole queen



Tammy Atkines  
and her  
granddaughter  
Lina



Gordon Leong,  
master of games





# ESA Foundation Awards

The following Foundation awards were presented for funds donated in the calendar year 2022.

- a) State Giving the Most Money (no Turnaround Funds)
  - 3<sup>rd</sup> place Texas - \$15,450.00
  - 2<sup>nd</sup> place Oklahoma - \$16,253.00
  - 1<sup>st</sup> place Minnesota - \$61,747.00
- b) State Giving the Most Money to the Fantasy Event
  - 3<sup>rd</sup> place Kansas - \$450.00
  - 2<sup>nd</sup> place Oklahoma - \$630.00
  - 1<sup>st</sup> place Oregon - \$675.00
- c) State Donating the Most Money to Foundation Fund Fest
  - 3<sup>rd</sup> place Oklahoma - \$1,525.00
  - 2<sup>nd</sup> place Missouri - \$5,381.00
  - 1<sup>st</sup> place Colorado - \$5,151.00
- d) State Giving the Most Money to Turnaround Funds
  - 3<sup>rd</sup> place Michigan - \$8,939.50
  - 2<sup>nd</sup> place Missouri - \$23,322.00
  - 1<sup>st</sup> place Indiana - \$39,165.32
- e) State Giving the Most Money to Endowments
  - 3<sup>rd</sup> place Texas - \$10,918.00
  - 2<sup>nd</sup> place Oklahoma - \$11,155.00
  - 1<sup>st</sup> place Minnesota - \$55,787.50
- f) ESA Foundation Chapter/Council Award
  - 3<sup>rd</sup> place Alpha Kappa, California #0343 - \$3,000.00
  - 2<sup>nd</sup> place Texas State Council #Z944 - \$3755.00
  - 1<sup>st</sup> place Minnesota State Council #Z924 - \$8,905.00



## New Life Active Members

Sara Jane Johnson (Michigan)

Josh Johnson (Michigan)

Julia Aker (Indiana)

Pam Munson (Washington)

Alpha Sigma MN #3553  
(Minnesota)

Melissa French (South Carolina)

Audrey Kidwell (Florida)

Elisabeth Noelke (Texas)

Judith Christiansen (Kansas)

Sheryl Sikola (California)

Linda Waters (Texas)

John Vitt (Arizona)

Bettie Maxwell (Colorado)

Elaine Chaney (Indiana)

# Plateaus of Achievement for 2022-2023

## Silver - \$500 - \$999

Colorado	Kathy Ellingson
Florida	Audrey Kidwell
Indiana	Pamela Grenard
Indiana	Peggy Zimmer
Michigan	Sara Jane Johnson
Michigan	Joshua Johnson
Minnesota	Kathleen Rice
Missouri	Molly Vehige
Ohio	Audrey Lake
South Carolina	Melissa French
South Dakota	Sandie Sullivan
Texas	Julie Walker-Leith
Texas	Elisabeth Noelke
Washington	Pam Munson

## Crystal - \$1,000 - \$4,000

Arkansas	Denise Holdaway
Arizona	Terrie Rust
Colorado	Sandy Alexander
Colorado	Rita Martin
Georgia	Patricia Griffin
Illinois	Jamie Atchison
Illinois	Coletta Macaluso
Indiana	Julia Aker
Indiana	Jaycee Peak
Kansas	Judith Christensen
Minnesota	Karla Nicklaus
Minnesota	Dianne Ocel
Minnesota	Patricia Staffanson
Ohio	Mary Beacher
Oregon	Kathryn Headley
Texas	Bobbie Dinsmore
Texas	Frances Jones
Texas	Manny Pasillas
Texas	Darla Schitoskey
Texas	Linda Waters
Washington	Beth Gibson
Wisconsin	Theresa & Richard Roberts

## Bronze - \$250 - \$499

Arizona	Jason Vogler
Arizona	Kathleen Riebock
Colorado	Chloe McClantoc
Colorado	Pamela McGee
Colorado	Joyce Fuller
Iowa	Brenda Chatham
Idaho	Joyce Presby
Illinois	Dale Huntley
Indiana	Patricia Hamby
Louisiana	Wanda Ferris
Minnesota	Mari Scotch
Oklahoma	Patricia Heer
Oklahoma	Mary Johnson
South Dakota	Shelba Schlaikjer
Texas	Phylis Ballard
Texas	Tonita Williams
Washington	Jeri Longacre

## Turquoise - \$5,000 - \$14,999

Alaska	Alpha Zeta #2710
Georgia	Beta Sigma #4931
Oklahoma	Billie Fritch

## Pearl - \$15,000 - \$24,999

New Mexico	Carol Worley
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## Peridot - \$25,000 - \$49,999

Kansas	Kansas Lamplighters #Z606
Minnesota	Elisabeth Smestad-Parr
Minnesota	Katherine Sala

## Garnet - \$50,000 - \$74,999

Oklahoma	Delta Kappa #3538
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## Amethyst - \$100,000 - \$149,999

Indiana	Eta Pi #5556
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## ESA FOUNDATION CALL FOR NOMINATIONS BOARD OF DIRECTORS

In accordance with the ESA Foundation Bylaws, it is the duty of the Nominating Committee to nominate candidates for 3 Directors to fill vacancies on the Board of Directors for an ensuing three-year term. Nominations may be submitted to the Committee up until October 1, of each year. A nominee for Director must hold active membership in the ESA Foundation and be entitled to vote at the time the candidacy is put to a vote of the membership.

**LIMITATIONS:** No Director may serve more than two (2) consecutive 3-year terms unless filling a vacant director position; or hold an elective position on the Executive Board of the International Council of Epsilon Sigma Alpha, or be an employee of the ESA Membership Corporation, or hold an elective position on the Board of Directors of the Epsilon Sigma Alpha Membership Corporation during her/his term of office on the ESA Foundation Board of Directors.

**BASIC FUNCTION:** To actively participate in conducting the business of the Foundation by fulfilling the specific requirements of the Board of Directors; to give time and expertise in planning the future and growth of the ESA Foundation.

**RESPONSIBILITIES:**

1. Conduct the business of the Foundation in a professional manner.
2. Maintain the integrity of personal and Foundation activity.
3. Expand services and conduct projects within the framework of creditable business practices and viable parameters.
4. Attend all meetings, including IC convention as a candidate and multi-day meetings at midyear and IC Convention.
5. Carry out official and/or committee assignments in ways that meet functional requirements of the Foundation.

**JOB QUALIFICATIONS:**

1. Ability to travel to all Board Meetings, the Annual Meeting, and occasionally to IC Leadership or State meetings
2. Have a basic knowledge of the ESAF scholarship and grants program or similar programs with other organizations
3. Demonstrates leadership ability and willingness to work collaboratively with a diverse team
4. Have a working knowledge of word processing, spreadsheet software, electronic file shares (i.e. Dropbox, Google Drive, etc.) and web-based meeting software (i.e. Zoom, WebEx, GoTo Meeting, etc.)
5. Demonstrates timely follow through on commitments, open to new ideas, and a passion for the goals of the Foundation

CANDIDATE NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

[Street]

[City]

[State]

[Zip]

PHONE (H) \_\_\_\_\_ (C) \_\_\_\_\_ (W) \_\_\_\_\_

Home E-MAIL \_\_\_\_\_ Work E-Mail \_\_\_\_\_

**LIST QUALIFICATIONS/EXPERIENCE:** On a separate page, please list experiences and areas of expertise that demonstrate the qualifications of a Director. These could include, but are not limited to, items such as experience in accounting/bookkeeping; investments; the use of computers; fund raising; scholarship procedures; offices held; etc.

**BUSINESS:** Current / Former Employment \_\_\_\_\_ How Long \_\_\_\_\_  
Position \_\_\_\_\_

**I want to serve as a Director on the ESA Foundation Board. If elected, I will strive to fulfill the mission of the ESA Foundation. I am an individual Active Member of the ESA Foundation. I have attached a Resume, which includes a listing of Personal, Professional and/or Civic Memberships (including ESA).**

\_\_\_\_\_  
[Signature of Nominee] Member of ESA Foundation since: \_\_\_\_\_

**Complete and Mail this Nomination Form, Resume, and Photo by OCTOBER 1, to:**

**Kim Mandrell, ESA Foundation Vice Chairman**  
2215 Rebecca Lynn Ct., Chesterfield, MO 63017  
Phone: 314-402-0654 / E-mail: [Kimberley.mandrell@mnk.com](mailto:Kimberley.mandrell@mnk.com)

For Office Use Only:

Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Receipt #: \_\_\_\_\_ Check #: \_\_\_\_\_



**FOUNDATION™**  
EPSILON SIGMA ALPHA

## CONTRIBUTION FORM

### ESA Foundation ♦ 2580 E Harmony Rd. Suite 301-11, Fort Collins, Colorado 80528

A member is considered ACTIVE and is eligible to vote at the annual meeting if his/her dues have been received at the Headquarters office by the close of the day on the last day of February.

Enclosed is my donation, made payable to ESA Foundation in the amount of \$\_\_\_\_\_.

This Donation is from: ☐ an individual ☐ a group (chapter/council/corporation/other)

Donor Name \_\_\_\_\_ Member # \_\_\_\_\_ Chapter/Council/District # \_\_\_\_\_ Chapter/Council/District Name \_\_\_\_\_

Street Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Credit Card: ☐ Master Card ☐ VISA ☐ Discover Expiration Date: \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Security Code \_\_\_\_\_ (3 digit # back of card)

Email Address: \_\_\_\_\_ Cardholder's Signature: \_\_\_\_\_

Please apply my donation to: ☐ \$40.00 Annual Dues

\$ \_\_\_\_\_ ☐ Perpetual Endowment for: \_\_\_\_\_

\$ \_\_\_\_\_ ☐ Scholarship for: \_\_\_\_\_

\$ \_\_\_\_\_ ☐ Other for: \_\_\_\_\_

(Note: Other Perpetual Endowment and Scholarship – Please insert specific Name)

This Donation is a memorial for: \_\_\_\_\_

This Donation is in honor of: \_\_\_\_\_

Acknowledgement Address: \_\_\_\_\_

\*\*\*\*\***WE SINCERELY THANK YOU FOR YOUR DONATION**\*\*\*\*\*